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Question: 903

During a survivorship care plan discussion, a 45-year-old male patient who underwent chemotherapy for testicular cancer expresses concern about his heart health. Which of the following chemotherapy agents is most associated with the development of cardiomyopathy?

- A. Methotrexate
- B. Cyclophosphamide
- C. Cisplatin
- D. Doxorubicin

Answer: D

Explanation: Doxorubicin is well-documented to cause dose-dependent cardiomyopathy, particularly at higher cumulative doses. Patients treated with this agent should be monitored for cardiac function.

Question: 904

In discussing cancer prevention strategies, which of the following lifestyle modifications has the strongest evidence supporting its role in reducing breast cancer risk?

- A. Increasing physical activity levels.
- B. Reducing caffeine intake.
- C. Avoiding all forms of alcohol.
- D. Following a high-fat diet.

Answer: A

Explanation: Increasing physical activity levels has strong evidence supporting its role in reducing breast cancer risk, along with other health benefits, making it a key lifestyle modification for prevention.

Question: 905

A patient undergoing treatment for lymphoma presents with abdominal pain and distension. An ultrasound reveals ascites. What is the most appropriate next step in management?

- A. Initiate diuretic therapy
- B. Perform paracentesis
- C. Start chemotherapy
- D. Monitor for changes

Answer: B

Explanation: Performing paracentesis is the most appropriate next step to relieve abdominal distension and assess the fluid for potential malignancy or infection.

Question: 906

In the context of survivorship care, which of the following is a key factor that must be communicated to patients regarding lifestyle modifications post-treatment?

- A. All patients should follow the same dietary regimen.
- B. Lifestyle modifications are irrelevant once treatment is completed.
- C. Individualized recommendations based on personal health status and preferences are crucial.
- D. Patients should avoid discussing lifestyle changes with their primary care provider.

Answer: C

Explanation: Individualized recommendations based on personal health status and preferences are crucial for effective lifestyle modifications post-treatment, as they help patients make sustainable changes that improve their overall health.

Question: 907

In mentoring a nurse practitioner in the oncology setting, which of the following practices is essential to promote critical thinking in patient care decisions?

- A. Providing structured protocols to follow without question
- B. Encouraging the exploration of evidence-based practices and guidelines
- C. Limiting discussions to only successful patient outcomes
- D. Emphasizing the importance of following traditional methods

Answer: B

Explanation: Encouraging exploration of evidence-based practices fosters a deeper understanding of patient care and promotes critical thinking.

Question: 908

A patient treated with doxorubicin presents with symptoms suggestive of heart failure, including shortness of breath and edema. Which of the following assessments is crucial for determining the extent of cardiac toxicity?

- A. Serum potassium levels
- B. Echocardiogram
- C. Electrocardiogram
- D. Chest X-ray

Answer: B

Explanation: An echocardiogram provides a direct assessment of cardiac function and can identify any reductions in ejection fraction indicative of doxorubicin-induced cardiotoxicity.

Question: 909

Which of the following statements about survivorship care plans is true regarding their development and implementation?

- A. They should be developed in isolation by oncology providers without patient input.
- B. They primarily focus on physical health and exclude holistic approaches.
- C. They can remain static once implemented, without the need for updates.
- D. They must be flexible and adaptable to the evolving needs of the survivor.

Answer: D

Explanation: Survivorship care plans must be flexible and adaptable to the evolving needs of the survivor, as changes in health status or life circumstances may require modifications to the plan.

Question: 910

During a genetic counseling session, a patient expresses concern about the implications of her genetic test results. Which of the following aspects of genetic counseling is most important to address first?

- A. Discuss the technical details of genetic testing.
- B. Explain the potential psychosocial impacts of the results.
- C. Provide information on available treatment options.
- D. Outline the statistical likelihood of developing cancer.

Answer: B

Explanation: Addressing the potential psychosocial impacts of genetic testing results is crucial, as patients may experience anxiety, fear, or changes in their familial relationships upon receiving their results.

Question: 911

What is the most significant challenge an Advanced Practice Nurse might face when acting as a preceptor to a new nurse in a specialized oncology unit?

- A. Ensuring the new nurse understands the technical aspects of equipment
- B. Assessing the new nurse's interpersonal skills during patient interactions
- C. Balancing the precepting role with their patient care responsibilities
- D. Providing adequate resources for the new nurse's continuing education

Answer: C

Explanation: Balancing time between precepting and patient care is a common challenge that can affect the quality of training and patient outcomes.

Question: 912

For a patient with metastatic colorectal cancer who is receiving first-line treatment with FOLFOX (folinic acid, fluorouracil, and oxaliplatin), which of the following side effects should the healthcare provider closely monitor?

- A. Peripheral neuropathy
- B. Cardiotoxicity
- C. Thrombocytopenia
- D. Renal failure

Answer: A

Explanation: Peripheral neuropathy is a well-documented side effect of oxaliplatin, and patients should be monitored for symptoms such as tingling or numbness in the extremities.

Question: 913

A 40-year-old woman diagnosed with leukemia is confused about her health insurance coverage for ongoing treatment. Which of the following statements is true regarding insurance coverage for cancer treatment?

- A. Insurance coverage for cancer treatment is regulated by state laws.
- B. All cancer treatments are covered under any insurance plan.
- C. Insurance companies can deny coverage based on pre-existing conditions.
- D. Insurance policies cannot impose caps on cancer treatment expenses.

Answer: A

Explanation: Insurance coverage varies by plan and is often governed by state laws, which can affect the availability and extent of coverage for cancer treatments.

Question: 914

In the context of genetic counseling for breast cancer, which gene mutation is most commonly associated with an increased risk of developing breast and ovarian cancer, particularly in women of Ashkenazi Jewish descent?

- A. PTEN
- B. TP53
- C. BRCA1
- D. MLH1

Answer: C

Explanation: The BRCA1 gene mutation is well-documented for its association with increased risk for breast and ovarian cancers, especially among individuals of Ashkenazi Jewish ancestry.

Question: 915

In managing a patient with severe thrombocytopenia who is experiencing a high fever, which of the following interventions should be prioritized?

- A. Administer platelet transfusion
- B. Perform a complete blood count
- C. Start broad-spectrum antibiotics
- D. Encourage oral hydration

Answer: C

Explanation: In a febrile patient with thrombocytopenia, starting broad-spectrum antibiotics is urgent to address potential infection, as the patient is at high risk of sepsis.

Question: 916

In the context of psychosocial assessments, what is the primary limitation of using standardized questionnaires without supplementary qualitative interviews?

- A. They are time-consuming to administer
- B. They are too complex for patients to understand
- C. They may not adequately capture individual patient experiences
- D. They do not provide numeric data for analysis

Answer: C

Explanation: Standardized questionnaires can miss nuances of individual experiences, making it crucial to complement them with qualitative interviews for a holistic understanding of a patient's psychosocial state.

Question: 917

When assessing the educational needs of a newly diagnosed oncology patient, which of the following factors should the Advanced Practice Nurse consider as the most critical to tailor the educational materials effectively?

- A. The patient's prior knowledge of cancer treatment
- B. The patient's socioeconomic status
- C. The patient's age and gender
- D. The patient's cultural beliefs and practices

Answer: D

Explanation: Cultural beliefs and practices significantly influence a patient's understanding and acceptance of medical information, making them crucial in tailoring educational materials.

Question: 918

A 55-year-old woman with a history of smoking is evaluated for lung cancer screening. Which of the following screening methods is currently recommended for high-risk individuals?

- A. Routine chest X-ray
- B. Biopsy of suspicious lesions
- C. Sputum cytology
- D. Annual low-dose CT scan

Answer: D

Explanation: Annual low-dose CT scans are recommended for lung cancer screening in high-risk individuals, such as those with a significant smoking history, as they are more effective than chest X-rays.

Question: 919

In a follow-up assessment, a nurse finds that a patient with prostate cancer is reluctant to discuss emotional issues. Which technique can the nurse use to facilitate a more open dialogue?

- A. Normalize the patient's feelings by discussing common reactions
- B. Share information about the patient's diagnosis
- C. Use closed-ended questions to guide the conversation
- D. Focus on the patient's physical health status

Answer: A

Explanation: Normalizing the patient's feelings by discussing common reactions can help create a safe environment, encouraging the patient to share his emotional struggles more openly.

Question: 920

Which of the following best describes the primary goal of cancer risk assessment in individuals with a family history of specific cancers?

- A. To eliminate all cancer risk factors
- B. To identify individuals who may benefit from enhanced surveillance or preventive strategies
- C. To ensure genetic testing for all family members
- D. To provide psychological counseling to families

Answer: B

Explanation: The primary goal of cancer risk assessment is to identify individuals who may benefit from enhanced surveillance or preventive strategies based on their family history and genetic risk factors.

Question: 921

In a patient receiving radiation therapy for lung cancer, which of the following symptoms should prompt the nurse to investigate the possibility of radiation pneumonitis?

- A. Fever and chills
- B. Cough and shortness of breath
- C. Abdominal pain and diarrhea
- D. Insomnia and fatigue

Answer: B

Explanation: Cough and shortness of breath are key symptoms of radiation pneumonitis, a potential complication of radiation therapy to the lungs, requiring prompt assessment and intervention.

Question: 922

Which of the following statements best reflects the relationship between social support and mental health outcomes in cancer patients?

- A. Social support is only beneficial for patients with strong family ties
- B. Increased social support correlates with improved mental health outcomes
- C. Social support has no significant impact on mental health outcomes
- D. Social support is irrelevant for older cancer patients

Answer: B

Explanation: Increased social support is consistently associated with improved mental health outcomes in cancer patients, highlighting its importance in psychosocial care.

Question: 923

In assessing the impact of community resources on cancer patient outcomes, which metric is most indicative of success?

- A. Patient-reported improvement in quality of life and access to care
- B. The number of resources available in the community
- C. Increased funding for community programs
- D. Higher attendance rates at community events

Answer: A

Explanation: Patient-reported improvement in quality of life and access to care is the most indicative metric of success when assessing the impact of community resources on cancer patient outcomes. This feedback directly reflects the effectiveness of the resources in meeting patient needs.

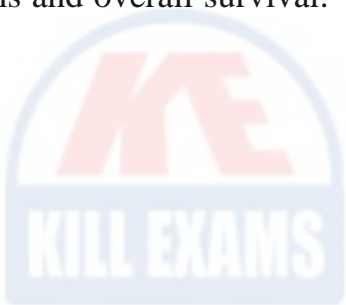
Question: 924

In assessing the prognosis of a patient diagnosed with stage IIIB non-small cell lung cancer (NSCLC), which of the following factors is most influential in determining survival outcomes?

- A. Gender
- B. Performance status
- C. Age
- D. Histological subtype

Answer: B

Explanation: The performance status of the patient is a critical prognostic factor in NSCLC, influencing treatment decisions and overall survival.





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